

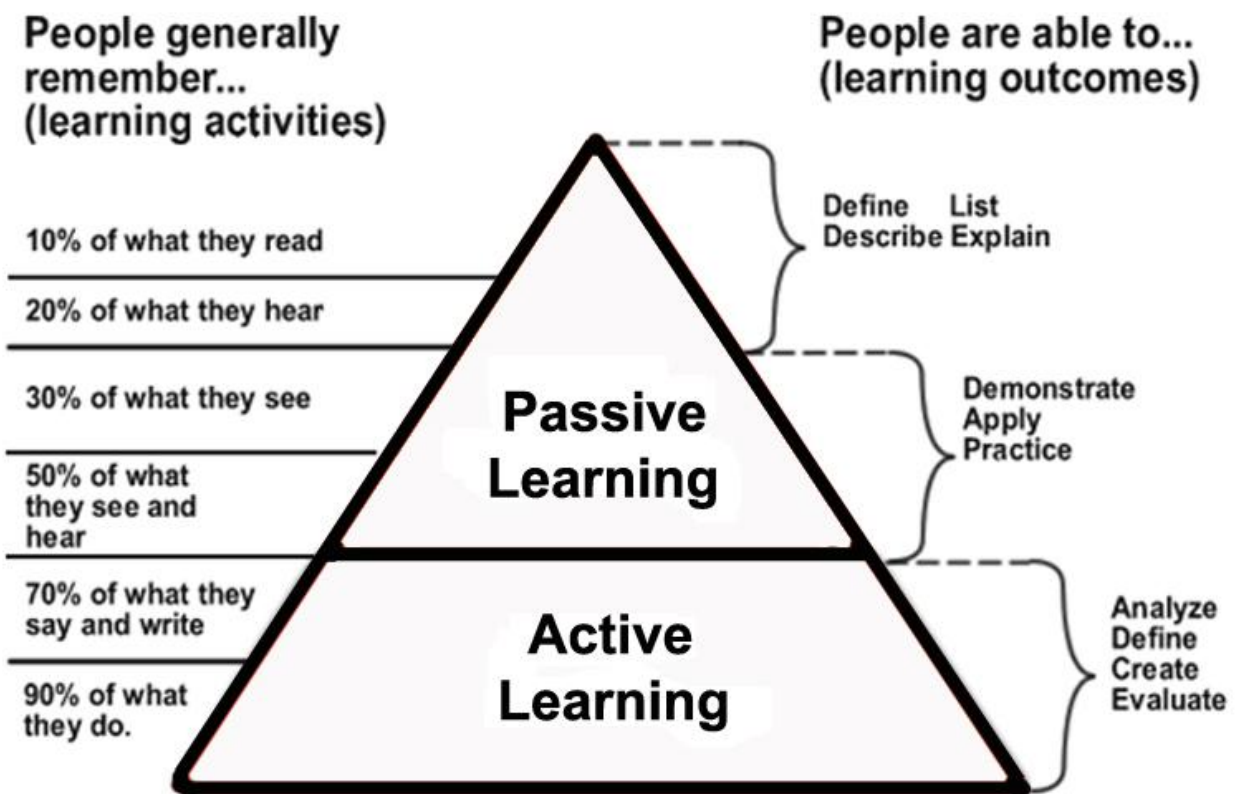
# Learning

Let's find out what is learning?

Learning does not mean studying for qualifications. We are continuously learning and not even realizing. But when we learn with purpose, it develops new knowledge, updates or builds on current skills. Learning is a "Permanent change in behavior".

Why is learning important in life? Learning is the key to our

- Success
- Happiness
- Confidence
- Communication
- New opportunities and
- Motivation



**How do we learn?**

- Learning is influenced by the number of questions that come to our mind. The more, the better.
  - What? Where? Why? Who? When? How?
- Learning depends upon the use of our senses. (Sight, touch, smell, taste, listening)
- Learning also depends upon our vocabulary. (The number of words we know)
- Learning becomes permanent by practice. Practice makes one perfect.

There is no age barrier to learning..... We need to learn all the time to keep pace with changes in this highly competitive world.

